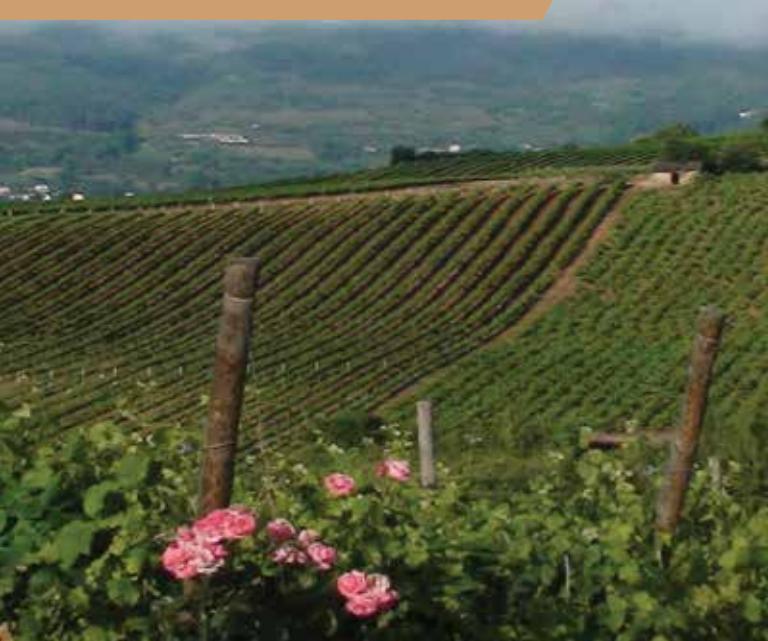




# Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits<sup>TM</sup>

Continuing Medical Education



March 13 & 14, 2020  
Yakima, WA

Regular Registration: March 4, 2020

[www.RussoCME.com](http://www.RussoCME.com)

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Early Registration  
Savings! Feb. 14

## Yakima Valley Medical Conference

March 13 & 14, 2020

Howard Johnson Hotel  
9 North 9th St  
Yakima, WA

### Accreditation



- ◆ 14 AMA PRA Category 1 Credits<sup>TM</sup>
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 7 NP Pharmacology hours. (Fri.-2.5 & Sat. - 4.5)
- ◆ Approved by Washington State Board of Pharmacy for 14 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

### Accommodations

Attendees are responsible for reserving rooms. The following prices have been quoted for conference attendees.

- ◆ Howard Johnson Hotel- \$70 -King \$85 - Double Phone: (509) 452-6511
- ◆ Red Roof Inn - \$96 - will give government rate Phone: (509) 249-1000

### Questions

General Questions:  
Diane Russo 509-989-9800 [russocme1@gmail.com](mailto:russocme1@gmail.com)

Accreditation and Registration Questions:  
Melissa Neighbors 509-431-0718 [russocme@gmail.com](mailto:russocme@gmail.com)

## Faculty Speakers

Dave Shelon Atteberry, MD  
Astria Health Center & Astria  
Sunnyside Hospital  
Yakima, WA

Bob Geise, MD  
Board Cert: Internal Medicine  
and Infectious Disease  
Virginia Mason Medical Center  
Seattle, WA

Dithy Shetty, MD  
Board Cert: Internal Medicine  
and Infectious Disease  
Astria Toppenish, Astria  
Sunnyside, Virginia Mason Memorial  
Yakima, WA

Kathleen Isbell, MD  
Board Cert: Internal Medicine  
and Psychiatry  
Virginia Mason Memorial Hospital  
Yakima, WA

Pravin Khemani, MD  
Board Cert: Neurosurgery  
SNI Movement Disorders Clinic  
Seattle, WA

Antony Kim, MD  
Board Cert: Cardiovascular Disease,  
Advanced Heart Failure and  
Transplant Cardiology  
Astria Health, Astria Toppenish Hospital  
Astria Sunnyside Hospital  
Yakima, WA

Samuel Youssef, MD  
Board Cert: Thoracic Surgery  
Swedish Cardiac Surgery  
Seattle, WA

Tim Zisman, MD, MPH  
Board Cert: Gastroenterology  
Virginia Mason  
Seattle, WA

\* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).



## Online CME Courses

- ◆ Over 150 Accredited Courses Available  
\$150/year for access to all courses

**MorningCME.com**

From Virginia Mason & UW Medicine

# Friday, March 13, 2020

|          |  |
|----------|--|
| 7:30AM   | <b>Registration/Exhibits</b>   |
| 7:50AM   | <b>Introduction</b>  |
| 8:00AM   | <b>Endoscopic Approaches for True Minimally Invasive Discectomy</b><br><b>Dave Shelton Atteberry, MD</b><br>• Role of endoscopic spinal surgery<br>• Limitations • Options   |
| 9:00AM   | <b>Zen and the Art of Heart Failure Maintenance</b><br><b>Antony Y. Kim, MD</b><br>• Guideline-Directed Medical Therapy (GDMT)<br>• Current state of the condition<br>• Emerging therapies/strategies                          |
| 10:00 AM | <b>Break/Exhibits</b>  |
| 10:20AM  | <b>Gestational Diabetes</b><br><b>Beth Platz, MD</b><br>• Definition • Screening • Management and treatment during pregnancy and postpartum  |
| 11:20AM  | <b>Hemorrhagic Stroke</b><br><b>Stephen J. Monteith, MD</b><br>• Causes of Hemorrhagic Stroke • Treatments<br>• Innovations related to Hemorrhagic Stroke  |
| 12:20PM  | <b>Lunch Break/Exhibits</b>  |
| 1:15 PM  | <b>Syncope</b><br><b>J. Susie Woo, MD</b><br>• Causes of syncope & their key clinical features<br>• Indications for a tilt table test<br>• Ambulatory cardiac monitors   |
| 2:15 PM  | <b>Afternoon Break/Exhibits</b>  |
| 2:30 PM  | <b>Aortic Aneurysms and Aortic Emergencies</b><br><b>Samuel Youssef, MD</b><br>• Natural history and genetic factors<br>• Guidelines for monitoring & elective intervention<br>• Emergency room & surgical management          |
| 3:30 PM  | <b>GI Potpourri</b>   <b>Tim Zisman, MD</b><br>• Managing upper GI disorders, including GERD & H pylori • Guidelines for diverticular disease and colon cancer screening • Updates on management of inflammatory bowel disease |
| 4:30 PM  | <b>Conference Adjourned</b>  |



# Saturday, March 14, 2020

|          |  |
|----------|--|
| 7:30AM   | <b>Registration/Exhibits</b>   |
| 7:50AM   | <b>Introduction</b>  |
| 8:00AM   | <b>COPD for the Experienced Primary Care Provider</b>   <b>Lisa Vande Vuss, MD, MSC</b><br>• Prescribe COPD interventions<br>• Identify patients that benefit from therapy escalation<br>• Select among agent in the same therapeutic class  |
| 9:00AM   | <b>Treating and Preventing Disease with Hormone Replacement</b><br><b>Shawn Needham, BS</b><br>• Define different sex and thyroid hormones<br>• Learn how hormones can replace three different drug therapies while producing other benefits |
| 10:00 AM | <b>Break/Exhibits</b>  |
| 10:20AM  | <b>UTI in the Community and Nursing Homes</b>   <b>Dithi Shetty, MD</b><br>• Treating urinary tract infection • Difference between colonization & pathogenic bacteria<br>• When to admit patients to the hospital                            |
| 11:20AM  | <b>Understanding, Diagnosing and Treating Neurocognitive Disorders</b><br><b>Kathleen Isbell, MD</b><br>• Evaluation of patients with memory problems<br>• Causes of memory impairment and dementia<br>• Treatment options                   |
| 12:20 PM | <b>Lunch Break/Exhibits</b>  |
| 1:15 PM  | <b>Hot Topics in Infectious Diseases</b><br><b>Bob Geise, MD</b><br>• Impacts of climate change on infectious diseases<br>• Impact of new therapies in HIV presentation<br>• New anti-microbe therapies                                      |
| 2:15 PM  | <b>Afternoon Break/Exhibits</b>  |
| 2:30 PM  | <b>Tremor-A Clinical Review</b><br><b>Pravin Khemani, MD</b><br>• Diagnose Parkinson's Tremor & Essential Tremor<br>• Medical Treatment of Parkinson's Tremor and Essential Tremor • Selection for Surgical Treatment                        |
| 3:30 PM  | <b>Surgical Treatment of Patients with Parkinson's and Essential Tremor</b><br><b>Carter Gerard, MD</b><br>• History of surgical treatment<br>• Indications for surgical intervention<br>• Types of surgical intervention                    |
| 4:30 PM  | <b>Conference Ends</b>   |



# Registration Information

- Complete and mail in the attached registration form or**
- Register online at [www.russocme.com](http://www.russocme.com)**
- **Early Registration** must be post marked by February 14
- **Regular Registration** must be post marked by March 4
- **Walk-in Registration** available. Additional \$20 for registration at door or postmarked after March 4.

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before March 6th. There will be a \$50 administration fee withheld. Cancellations between March 7th and 12th: You can send someone in your place or transfer to another conference within 12 months with an added \$50 transfer fee. No refunds once the conference begins.



## Spring Conferences

|                                       |                |
|---------------------------------------|----------------|
| Wenatchee Cardiac Symposium           | February 7 & 8 |
| Neurovascular Summit                  | March 6        |
| Puget Sound Medical Conference        | April 17 & 18  |
| Tri-Cities Pain Conference            | May 15 & 16    |
| Palouse Clearwater Medical Conference | May 29 & 30    |

**Information & Registration:** [WWW.RUSSOCME.COM](http://WWW.RUSSOCME.COM)

## Conference Objectives:

- Discuss new insights into the diagnosis, management & treatment of various diseases in patients.

# Registration Form

Yakima Valley Medical Conference

Please print legibly. Receipts will be e-mailed.  
 Name: \_\_\_\_\_  
 Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Clinic Name: \_\_\_\_\_  
 Clinic City: \_\_\_\_\_

Walk in registration available. An Additional \$20 will be charged if post marked after March 4, 2020.

### Regular Registration Due: March 4, 2020

| Circle Selection    | MD / DO | NP/PA | RN/Allied Health* |
|---------------------|---------|-------|-------------------|
| Complete Conference | \$405   | \$380 | \$255             |
| Friday Only         | \$265   | \$235 | \$165             |
| Saturday Only       | \$265   | \$235 | \$165             |

\*PT, DC, OD, PharmD, ND, Other \*\*Students \$75 a day

### Early Registration Due: Feb. 14. 2020

| Circle Selection    | MD / DO | NP/PA | RN/Allied Health* |
|---------------------|---------|-------|-------------------|
| Complete Conference | \$390   | \$365 | \$240             |
| Friday Only         | \$250   | \$220 | \$150             |
| Saturday Only       | \$250   | \$220 | \$150             |

Please make checks payable to RussoCME  
Mail completed form with your check to:

Melissa Neighbors  
225 NW Thomas Street  
Pullman, WA 99163

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CH: \_\_\_\_\_ A: \_\_\_\_\_  
 C: \_\_\_\_\_ O: \_\_\_\_\_