



# Neurovascular Summit

March 1, 2019

Washington State Convention Center  
705 Pike St  
Seattle, WA

## Accreditation

- ◆ 7 AMA PRA Category 1 Credits™
- ◆ Approved by Washington State Board of Pharmacy for 7 Pharmacist CE Hours.
- ◆ Approved for a total of 2 NP Pharmacology hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for MD's, DO's, NP's, PA's & RN's.
- ◆ ANCC accepts these credits as equivalent credits for recertification.
- ◆ Credits will count towards RN & LPN CE Competency Compliance for Washington State.

## Accommodations

Attendees are responsible for reserving rooms. The below hotel has given us a rate quote for our attendees who reserve their room by February 7th.

- ◆ Grand Hyatt Seattle  
721 Pine St. Seattle, WA  
King Bed - \$175/night  
Two Queens - \$190/night  
Phone: (206) 774 - 1234

**Online Reservation:** Go to GrandSeattle.Hyatt.com, enter the dates you wish to stay and it will prompt you for a special rate. Click special rate and enter "GVAMI". Click check rates and it will give you the discount.

## Questions

Questions:  
Melissa Neighbors 509-431-0718 russocme@gmail.com

## Key Note Speakers



**Mayank Goyal, MD**  
Board Cert.-Royal College of  
Physicians and Surgeons of Canada  
Foothills Medical Centre  
Calgary, AB



**Aditi Joshi, MD, MSc**  
Board Cert.-  
Emergency Medicine  
Thomas Jefferson  
University  
Philadelphia, PA



**Mary Kay Bader, RN, MSN**  
Board Certification: CCNS, CCRN, CNRN, SCRN  
Mission Hospital  
Mission Viejo, CA

## Speakers

**Sarah Hermanson, DNP, ARNP, FNP**  
Virginia Mason Medical Center  
Seattle, WA

**Fatima Milfred, MD**  
Board Cert.- Vascular Neurology  
Stroke Center Medical Director  
Virginia Mason Medical Center  
Seattle, WA

**Sandeep Khot, MD, MPH**  
Neurology, Vascular Neurology  
Harborview Medical Center  
Seattle, WA

**David Robinson, MD**  
Board Cert.- Radiology  
Virginia Mason Medical Center  
Seattle, WA

**Yince Loh, MD**  
Board Cert. - Neurology  
Swedish Medical Center  
Seattle, WA

**Robert Ryan, MD**  
Board Cert.- Royal College of  
Physicians and Surgeons  
of Canada - Neurosurgery  
Virginia Mason Medical Center  
Seattle, WA

\*This live activity has been planned and implemented in accordance with accreditation requirements and policies of the ACCME through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the ACCME to provide Continuing Medical Education for Physicians.



## Conference Schedule

Friday, March 1, 2019 **7:45AM TO 4:30PM**

7:00am	Registration & Exhibits
7:30am	Introduction
7:45am	<b>Acute Stroke Past Present and Future</b> Mayank Goyal, MD <ul style="list-style-type: none"> <li>Update of recent evidence and practical implements on health care systems</li> <li>Imaging: a practical approach</li> <li>Update on thrombectomy techniques</li> </ul>
8:45am	<b>Fast and Furious: Stroke Care in 2018</b> Mary Kay Bader, RN, MSN <ul style="list-style-type: none"> <li>Identification of major recommendations and guide to hospital team on priorities</li> <li>Key interventions to optimize patient outcomes</li> </ul>
9:45am	Break/Exhibits
10:05am	<b>Telehealth for Providers: Current and Future</b> Aditi Joshi, MD, MSc <ul style="list-style-type: none"> <li>Understand how telehealth is used currently and future needs to improve quality</li> <li>Dismantle Myths about telehealth</li> </ul>
11:05am	<b>Lunch - Provided / Exhibits</b>

12:15pm-2:00pm Please pick one breakout session

Breakout #1

12:15pm

### Obstructive Sleep Apnea: Risk Factor and Complication of Stroke

Sandeep Khot, MD, MPH

- Review current understanding about pre-existing sleep apnea and stroke
- Identify stroke patients with sleep apnea, facilitate rapid diagnosis and treatment

1:15pm

### Transient Ischemic Attacks (TIAs): Prevention to Treatment

Sarah Hermanson, DNP, ARNP, FNP

- Review key pieces of patient history in the TIA patient
- Review treatment and preventative approaches for TIA
- Utilization and effectiveness of rapid TIA clinic

Breakout #2

12:15pm

### Minimally Invasive Surgery for Intracerebral Hemorrhage: From Nihilism to Optimism

Robert Ryan, MD

- History of surgical evacuation and reasons for nihilism
- Discuss and review current techniques and ongoing trials for ICH evacuation

1:15pm

### Strategies for blood pressure management in acute ischemic and hemorrhagic stroke

Yince Loh, MD

- Discuss often conflicting objectives in managing acute neurovascular patients
- Review current evidence and best practice for blood pressure management for those presenting with acute stroke

2:15pm Exhibits/Break

2:30pm **Challenges and Controversies in Emergent Management of Acute Ischemic Stroke**

David Robinson, MD

- Discuss the challenges of community implementation of rapidly evolving acute stroke guidelines.
- Successes and challenges with treatment in the extended window and other borderline presentations.
- Discuss likely frontiers of evolution of acute stroke care.

3:30pm **Interactive, case-based review of current challenges in the management of patient presenting with acute ischemic or hemorrhagic stroke**

- Discuss changing landscape of stroke care within our communities
- Discuss the role of imaging vs. Time in inclusion/exclusion criteria for thrombectomy
- Review timing and strategies of intervention for ICH and SAH

### Panel Discussion

**Moderator** - Fatima Milfred, MD

David Robinson, MD

Yince Loh, MD

Robert Ryan, MD

Mayank Goyal, MD

Aditi Joshi, MD, MSc

4:30pm Conference Adjourned

# Registration Form

## Neurovascular Summit

March 1, 2019

Please print legibly.

Receipts will be e-mailed.

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Clinic City: \_\_\_\_\_

Walk in registration available. An Additional \$20 will be charged if post marked after February 20, 2019

**Early Registration Savings! Due February 1, 2019**

MD / DO	NP/PA	RN/Allied Health*	EMT/Student
<input type="radio"/> \$250	<input type="radio"/> \$200	<input type="radio"/> \$150	<input type="radio"/> \$75
<b>Pick one Breakout</b>			<input type="radio"/> 1 <input type="radio"/> 2

\*Pharmacist, Resident, Other

**Regular Registration: Due February 20, 2019**

MD / DO	NP/PA	RN/Allied Health*	EMT/Student
<input type="radio"/> \$265	<input type="radio"/> \$215	<input type="radio"/> \$165	<input type="radio"/> \$75
<b>Pick one Breakout</b>			<input type="radio"/> 1 <input type="radio"/> 2

\*Pharmacist, Resident, Other

Please make checks payable to RussoCME

Mail completed form with your check to:

**Melissa Neighbors**  
225 NW Thomas Street  
Pullman, WA 99163