

Gritman
700 S. Main Street
Moscow, ID 83843

South Puget Sound Medical Conference

15 AMA Category 1 Credits™
Continuing Medical Education



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Continuing Medical Education

South Puget Sound Medical Conference

May 3 & 4, 2019
South Puget Sound Community College

Early Registration Ends
April 5, 2019

South Puget Sound Medical Conference

May 3 & 4, 2019

South Puget Sound Community College
4220 6th Ave., Lacey, WA 98503

Accreditation

- This activity is accredited for 15 AMA Category 1 Credits™.*
- Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- Approved for a total of 7 NP Pharmacology hours. (Fri: 4 / Sat: 3)
- Approved by Washington State Board of Pharmacy for 15 Pharmacist CE Hours.
- Washington State accepts AMA PRA Category 1 Credits for NPs & PAs.
- ANCC accepts these credits as equivalent credits for recertification.
- 15 CE contact hours for Washington State Nursing Commission

* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado Medical Society to provide continuing medical education for physicians.

Venue/Accommodations

Holiday Inn Express & Suites Lacey

\$119/night, includes breakfast, indoor pool and fitness center. Phone: 360-491-7985

Please mention the conference name for the rate quote and reserve by April 19 for rate. Attendees are responsible for reserving rooms.

Questions?

Please contact Diane Russo
CELL: 509-989-9800
EMAIL: russocme@gmail.com

www.RussoCME.com

Virginia Mason Faculty Speakers



Christopher Baliga, MD

Board Certified: Internal Medicine and Infectious Diseases

Erin Bauer, MD

Board Certified: Rheumatology

Michael Chiorean, MD

Board Certified: Internal Medicine, Subspecialty in Gastroenterology

Atul Gupta, MD

Board Certified: Physical Medicine and Rehabilitation

Michal Hubka, MD

Board Certified: Thoracic Surgery

Thomas Landino, DO

Board Certified: Foot and Ankle Surgery

Michael Larsen, MD

Board Certified: Internal Medicine, Subspecialty in Gastroenterology

Michael Longo, MD, FACC

Board Certified: Internal Medicine, Subspecialty in Cardiovascular Disease American Society of Echocardiography

Anne Mahoney, MD

Board Certified: Pulmonary Disease, Critical Care Medicine, Undersea and Hyperbaric Medicine

Ahmad Mahallati, MD

Board Certified: Nephrology

Christine Oryhan, MD

Board Certified: Pain Medicine

Robert Ryan, MD

Board Certified: Neurosurgery

Rene Sanchez-Mejia, MD

Board Certified: Neurosurgery

Jonathan Stoehr, MD, PhD

Board Certified: Endocrinology, Diabetes and Metabolism

Sarah Weiss, MD

Board Certified: Internal Medicine, Subspecialty in Cardiovascular Disease

Conference Schedule

FRIDAY, MAY 3, 2019

- 7:15 A.M. Registration/Exhibits
- 7:50 A.M. Introductions
- 8:00 A.M. How to Treat IBD Like an Expert
Michael Chiorean, MD
 - Understand the epidemiology of IBD and why it will have an increasing impact on GP’s
 - Review standards for diagnosing and monitoring IBD
 - Discuss management issues that are relevant in primary care
- 9:00 A.M. Pharmacologic Therapy of Overweight and Obesity: An Update for Primary Care Providers | Jonathan Stoehr, MD
 - Review medical strategies for helping prevent weight gain, and promoting weight loss
 - Review the clinical data on new medications approved for weight loss in obese patients
- 10:00 A.M. Break/Exhibits
- 10:20 A.M. Pulmonary Topics for the Primary Care Provider | Anne Mahoney, MD
 - Triage incidental pulmonary nodules
 - Evaluation of chronic cough
 - Inhalers for COPD
- 11:20 A.M. Top 10 Reasons Why Your Feet May Hurt
Thomas Landino, DPM
 - Introduce the top 10 foot and ankle conditions
 - Discuss clinical findings and other diagnostics
 - Discuss when to refer to a specialist
- 12:20 P.M. Break/Lunch Lecture
- 1:15 P.M. Update on Management of Ischemic Stroke: Role of Endovascular Therapies
Roby Ryan, MD
 - Review symptoms, evaluation and treatment options for extracranial carotid stenosis
 - Review symptoms, evaluation and treatment options for intracranial atherosclerotic disease (ICAD)
 - Understand the recent data on endovascular management of acute ischemic stroke
- 2:15 P.M. Neurovascular Disease: Hemorrhagic Stroke Update | Rene Sanchez-Mejia, MD
 - Review symptoms, evaluation and treatment options for Neurovascular Disease and for Hemorrhagic Stroke
 - Understand the recent data on endovascular management of Neurovascular Disease and Hemorrhagic Stroke

- 3:15 P.M. Break/Exhibits
- 3:30 P.M. Nephrology for Primary Care
Ahmad Mahallati, MD
 - Updates on management of common kidney disorders
 - Primary care for renal transplant patient
 - When to refer to nephrology
- 4:30 P.M. Bariatric Endoscopy | Michael Larsen, MD
 - Discuss the available endoscopic treatments for obesity
 - Review appropriate patients for endoscopic weight loss treatments
 - Review potential complications of bariatric endoscopic treatments



5:30 P.M. Conference Adjourned

SATURDAY, MAY 4, 2019

- 7:15 A.M. Registration/Exhibits
- 7:50 A.M. Introductions
- 8:00 A.M. Thoracic Surgery in the 21st Century
Michal Hubka, MD
 - Introduce new techniques and approaches in thoracic surgery
 - Review multidisciplinary approach to lung and esophageal disease
- 9:00 A.M. Just a Plane Ride Away: Zika, Chikungunya, Dengue, MERS and SARS
Christopher Baliga, MD
 - Understand the epidemiology, clinical features, lab testing, and treatment of Zika, Dengue, Chikungunya, MERS and SARS
- 10:00 A.M. Break/Exhibits
- 10:20 A.M. Success with Heart Failure in the Outpatient Clinic | Sarah Weiss, MD
 - Review the classification, stages and pathophysiology of HF
 - Refine guideline directed medical treatment of HF
 - Discuss the newest medications approved for the management of HF
- 11:20 A.M. Interventional Treatment Options for Chronic Low Back Pain | Christine Oryhan, MD
 - Understand the differential diagnoses of low back pain
 - Know when to refer for interventional procedures for low back pain
 - Understand the limitations, risks and benefits of interventional procedures
- 12:20 P.M. Lunch Provided/Exhibits

- 1:15 P.M. Structural Heart Disease Update
Michael Longo, MD
 - Review indications for TAVR
 - Know the indications for left appendage closure
 - Review potential complications
- 2:15 P.M. Break/Exhibits
- 2:30 P.M. Rheumatology Updates for Primary Care
Erin Bauer, MD
 - Understand common uses and complications of rheumatologic medications new to the market
 - Understand the shifting paradigm of management of gout and psoriasis/psoriatic arthritis
 - Discuss preventative care for rheumatology patients
- 3:30 P.M. Platelet Rich Plasma Use for Musculoskeletal Injuries | Atul Gupta, MD
 - PRP Use as a treatment modality to enhance tissue healing
 - Musculoskeletal indications for use of PRP
 - Evidence-based review of efficacy of PRP
- 4:30 P.M. Conference Ends

Registration

-  Complete and mail the attached registration form or
-  Register online at **www.RussoCME.com**

Early Registration must be postmarked by April 5, 2019.
Regular Registration must be postmarked by April 24, 2019.

Walk-in registration available. Additional \$20 for registration at door or postmarked after April 24, 2019.
Cancellations: All cancellations need to be emailed to russocme@gmail.com before April 27, 2019. There will be a \$50 administration fee withheld.

Cancellations between April 28 and May 2: You can send someone in your place or transfer to another course within 12 months with an added \$50 transfer fee.
No refunds once the course has begun.

Online CME Conferences

Over 200 accredited courses available at:
www.MorningCME.com
From Virginia Mason and UW Medicine Physicians

Registration Form
South Puget Sound Medical Conference
May 3 & 4, 2019

Please print legibly. Receipts will be emailed.

NAME:

DEGREE: SPECIALTY:

ADDRESS:

CITY/STATE/ZIP:

PHONE:

E-MAIL:

CLINIC NAME:

CLINIC CITY:

Early Registration Savings! Postmarked by April 5

	MD/DO	NP/PA	RN/Allied Health*
Complete Conference	<input type="radio"/> \$390	<input type="radio"/> \$365	<input type="radio"/> \$240
Friday Only	<input type="radio"/> \$250	<input type="radio"/> \$220	<input type="radio"/> \$150
Saturday Only	<input type="radio"/> \$250	<input type="radio"/> \$220	<input type="radio"/> \$150

Regular Registration: Postmarked by April 24

	MD/DO	NP/PA	RN/Allied Health*
Complete Conference	<input type="radio"/> \$405	<input type="radio"/> \$380	<input type="radio"/> \$255
Friday Only	<input type="radio"/> \$265	<input type="radio"/> \$235	<input type="radio"/> \$165
Saturday Only	<input type="radio"/> \$265	<input type="radio"/> \$235	<input type="radio"/> \$165

* PT, OD, Pharmacist, ND, Other. ** Students \$75 per day

Please make checks payable to RussoCME.
Mail completed form with your check to:
Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163

FOR OFFICIAL USE: South Sound – 79

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