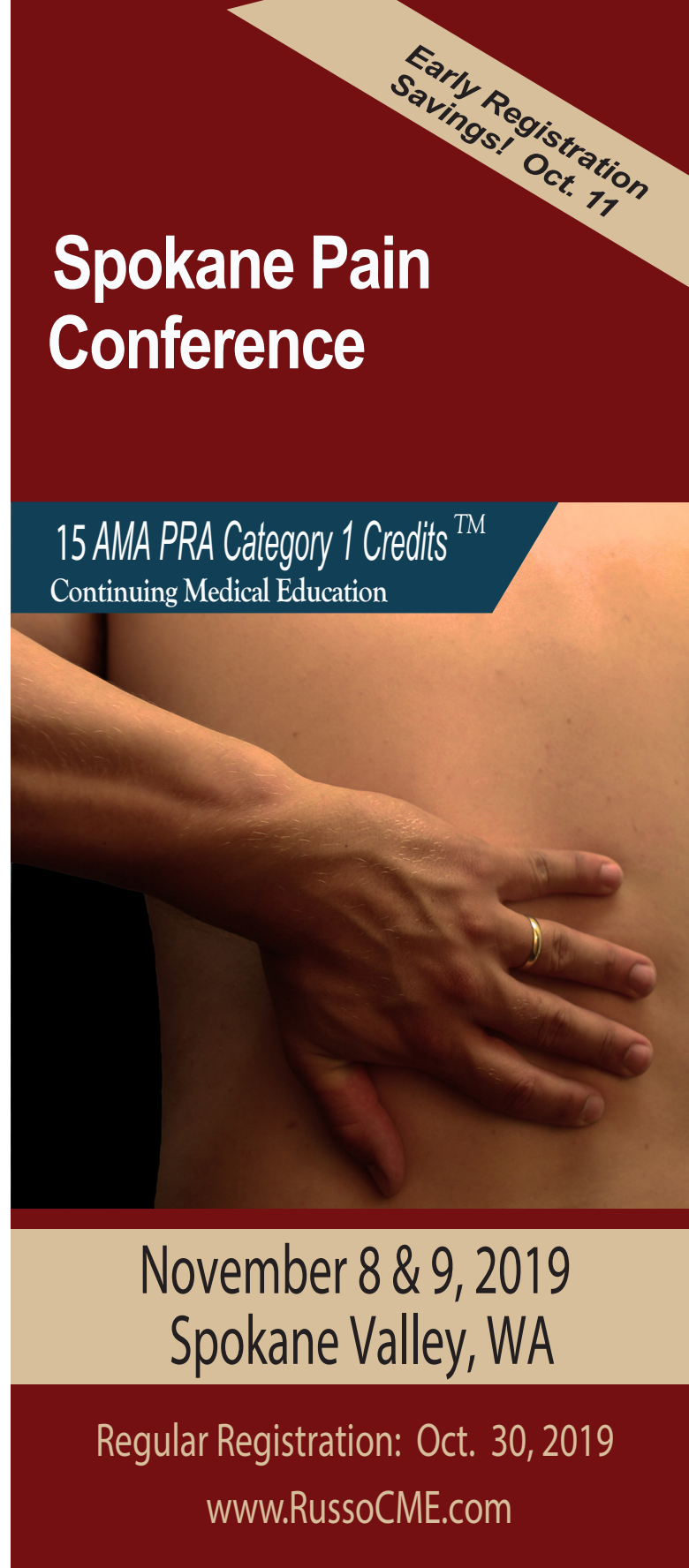


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15 AMA PRA Category 1 Credits™
Continuing Medical Education



Early Registration
Savings! Oct. 11

Spokane Pain Conference

15 AMA PRA Category 1 Credits™
Continuing Medical Education

November 8 & 9, 2019
Spokane Valley, WA

Regular Registration: Oct. 30, 2019
www.RussoCME.com

Venue

Spokane Valley Event Center
10514 E Sprague Ave
Spokane Valley, WA 99206

Accommodations

Attendees are responsible for reserving rooms. The following price have been quoted for conference attendees.

- ◆ Comfort Inn & Suites
12415 E Mission Ave, Spokane Valley, WA
- \$104/night | 509-926-7432

Accreditation



- ◆ 15 AMA PRA Category 1 Credits™
- ◆ 15 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 5 NP Pharmacology hours. (Fri.-3 & Sat. - 2)
- ◆ 15 CE contact hours for the Washington State Board of Nursing.
- ◆ Approved by Washington State Board of Pharmacy for 15 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 15 equivalent CE credits for ANCC recertification
- ◆ Washington DC's - DC can review course and if course is relevant to their practice credits will be accepted.
- ◆ Washington PT's - PT can review course and if course is relevant to their practice, credits will be accepted.
- ◆ Idaho State DC's - Application submitted - 15 pending
- ◆ Idaho State PT's - Application submitted - 15 pending

Questions

General Questions:
Diane Russo 509-989-9800 russocme1@gmail.com
Accreditation and Registration Questions:
Melissa Neighbors 509-431-0718 russocme@gmail.com

Faculty Speakers

- | | |
|---|--|
| Daniel Blizzard, MD
Board Eligible: Orthopaedic Surgery
Axis Spine Center
Spokane, WA | Matthew Layton, MD, PhD
Board Cert: Psychiatry, Neurology
Elson S. Floyd College of Medicine
WSU
Spokane, WA |
| Johanna Golke, PA-C
Northwest Spine & Pain Medicine
Spokane, WA | Jamie Lewis, MD
Board Cert: Physical Medicine and Rehabilitation, Pain Medicine
Northwest Spine and Pain Medicine
Spokane, WA |
| David Greeley, MD
Board Cert: Psychiatry, Neurology
Northwest Neurological, PLLC
Spokane, WA | Scott Magnuson, MD
Board Cert: Anesthesiology, Pain Medicine
Sub-specialty: Pain Management
Pain Management of North Idaho
Coeur D'Alene, Idaho |
| John A. Hatheway, MD
Board Cert: Anesthesiology, Pain Management
Northwest Pain Care
Spokane, WA | Derek Mitchell, MD
Board Cert: Pain Management, Anesthesiology
Spine Team Spokane
Spokane, WA |
| Alison Howard, DPT
Spine Team Spokane
Spokane, WA | Michele Moore, ARNP
Spine Team Spokane
Spokane, WA |
| Jessica Jameson, MD
Board Cert: Anesthesia, Pain Medicine, Obesity Medicine
Axis Spine Center
Spokane, WA | Sean Smitham, PhD
Northwest Spine & Pain Medicine
Spokane, WA |
| E. Joe Kent III, MD
Board Cert: Anesthesiology, Pain Medicine
Axis Spine Center
Spokane, WA | Scott Spendlove, DO
Board Cert: Anesthesiology, Pain Medicine
Lynx Healthcare
Kennewick & Spokane Valley, WA |
| Roland Kent, MD
Board Cert: Orthopedics
Axis Spine Center
Spokane, WA | |

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 15 hours of AMA PRA Category 1 Credit(s).

Online CME Courses

- ◆ Over 200 Accredited Courses Available
\$150/year for access to all courses

MorningCME.com

From Virginia Mason & UW Medicine

- 7:30AM

Registration/Exhibits
- 7:50AM

Introduction
- 8:00AM

Adventures in Urine Toxicology

Jamie Lewis, MD

• Science behind qualitative and quantitative drug screens

• Limitations of urine

• Interpreting results
- 9:00AM

Chronic Headache Update | David Greeley, MD

• Diagnostic criteria for common headache syndromes

• Pharmaceutical and non-med interventions • Botox, CGRP antagonists and/or IV Ketamine
- 10:00 AM

Break/Exhibits
- 10:20AM

Pain and Addiction: Treating the Whole Person

Matthew Layton, MD, PhD

• Opioid epidemic, trends in WA State and Spokane County

• Public health efforts and initiatives for opioid problem

• Biological, psychological, social and spiritual aspects of co-occurring pain and addiction
- 11:20AM

Spinal Cord Stimulation | Scott Spendlove, DO

• New Indications • Difficult Patients

• Patient Selection
- 12:20PM

Lunch Break/Exhibits
- 1:15 PM

Robotic Assisted Surgical Intervention

Roland Kent, MD

• History of robotic assisted spine surgery

• Applications and limitations

• Future directions of robotic assisted spine surgery
- 2:15 PM

Regenerative Medicine for Pain

E. Joe Kent III, MD

• FDA rules governing regenerative medicine

• Currently available techniques • Patient factors
- 3:15 PM

Afternoon Break/Exhibits
- 3:30 PM

Surgical approach to Low Back Pain

Daniel Blizzard, MD

• Define conditions that cause back pain that are amenable to surgical intervention • Pertinent workup

• Surgical interventions and surgical outcomes
- 4:30 PM

Nutrition and Pain | Jessica Jameson, MD

• Impact of weight on pain

• OMA guidelines
- 5:30 PM

Conference Adjourned

- 7:30AM

Registration/Exhibits
- 7:50AM

Introduction
- 8:00AM

Lifestyle Changes: How to Discuss and Educate

Johanna Golke, PA-C

• Body posture and mechanics to reduce degenerative changes and improve surgical outcomes • Anti-inflammatory & autoimmune protocol diets gut/microbiome health
- 9:00AM

Role of Neuroscience Education in Treating Chronic Pain | Sean Smitham, PhD

• Neuroscience and the pain experience

• Power of language and its role in the patient's experience

• Therapeutic ways to discuss pain with patients
- 10:00 AM

Break/Exhibits
- 10:20AM

Failed Back Syndrome | Scott Magnuson, MD

• Operative and post-operative factors

• Conservative medical management

• Repeat surgery or interventional procedures
- 11:20AM

Indirect Spinal Decompression for Lumbar Spinal Stenosis | John A. Hatheway, MD

• Neurogenic claudication, the symptoms of spinal stenosis

• Literature to support indirect spinal decompression

• Indirect spinal decompression and procedural details
- 12:20 PM

Lunch Break/Exhibits
- 1:15 PM

Pain Science and Physical Therapy

Allison Howard, DPT

• New concepts in pain science • Physical therapy in the treatment of chronic pain • Pain education in practice
- 2:15 PM

Afternoon Break/Exhibits
- 2:30 PM

Radio Frequency Ablation

Derek Mitchell, MD

• Physics/Techniques • Applications/indications patient selection • Procedure: medial branch block and radiofrequency ablation
- 3:30 PM

Pain Management and Opioid Risks

Michele Moore, ARNP

• Practicing safe and effective use of Opioids

• Understanding safe and effective use of opioids

• When do I refer to a pain specialist
- 4:30 PM

Conference Ends



N O R T H W E S T
SPINE & PAIN MEDICINE

Registration Information



Complete and mail in the attached registration form or



Register online at www.russocme.com

- **Early Registration** must be post marked by October 11.
- **Regular Registration** must be post marked by October 30.
- **Walk-in Registration** available. Additional \$20 for registration at door or postmarked after Oct. 30.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before Nov 2. There will be a \$50 administration fee withheld. Cancellations between November 3 & 7: You can send someone in your place or transfer to another conference with in 12 months with an added \$50 transfer fee. No refunds once the conference begins.



NORTHWEST
PAIN CARE, PS

421 W. Riverside Ave, Suite 900
Spokane, WA Phone: 509-863-9789

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail _____

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Clinic City: _____

Walk in registration available. An Additional \$20 will be charged if post marked after Oct. 30.

Regular Registration Due: Oct. 11, 2019

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$405	\$380	\$255
Friday Only	\$265	\$235	\$165
Saturday Only	\$265	\$235	\$165

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: Oct. 30, 2019

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$390	\$365	\$240
Friday Only	\$250	\$220	\$150
Saturday Only	\$250	\$220	\$150

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163

For ABIM Physicians wanting to earn MOC points

ABIM # _____ Birthdate: _____

◆ Conference Objectives

After this conference, attendees will have a better understanding in managing pain patients, pain addiction, differentiating pain treatments including some alternative options and Opioid Management.

◆ Fall Conferences - Registration at russocme.com

Eastern Washington Women's Health Medical Conference
Moses Lake, WA - October 11 & 12, 2019
Olympic Peninsula Medical Conference
Port Angeles, WA - November 1 & 2, 2019